

Service Components of the S.T.A.R. program.

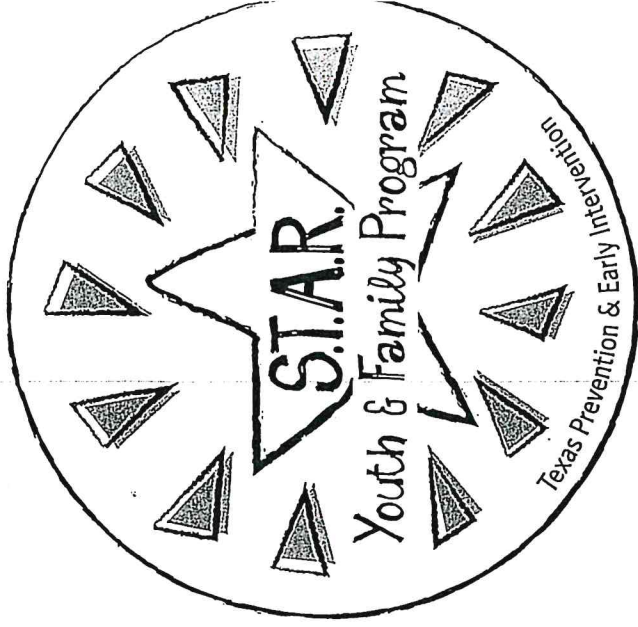
1. Free crisis hotline available 24/7.
2. Face-to-face counseling for family and youth.
3. Emergency short-term shelter for youth who run away or who are unable to stay at home because of family conflict.
4. Individual, family and youth counseling to help reduce conflict.
5. Skill-building classes to help parents and caregivers learn how to handle difficult situations.
6. Skill-building classes for youth to help them gain coping skills and meet their needs in a positive way.

Find S.T.A.R. Services



To find a S.T.A.R. program near you go to www.helpandhope.org and click on "Find Help", or contact the Texas Youth Hotline at:

www.TexasYouth.org
Call: 1-800-989-6884
Text: 512-872-5777



A Guide to S.T.A.R. Services

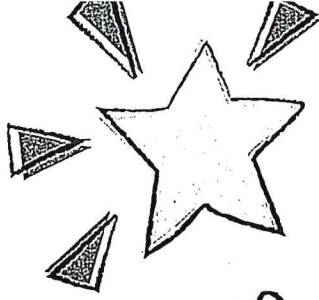


The S.T.A.R. program has been strengthening youth and families through crisis intervention, family and youth counseling and skill building classes since 1983.



S.T.A.R. Youth & Family Program
Texas Prevention and Early Intervention

S.T.A.R. offers services that make families stronger and better able to handle the stresses of life.



Youth

- ☆ Do you feel all alone?
- ☆ Do you feel like no one understands you?
- ☆ Are you always fighting with your parents?
- ☆ Do you feel like you just want to get away?
- ☆ Are you having trouble at school?
- ☆ Are there problems affecting your grades?

Services and Eligibility

S.T.A.R. program contracts with community agencies to offer confidential family crisis intervention, individual and family counseling, short-term emergency shelter care, and youth and parent skill-building classes.

S.T.A.R. offers short-term services to youth ages 0-17 and their families who are dealing with conflict at home, school attendance issues, delinquency, or have a youth who runs away from home.

S.T.A.R. focuses on strengthening families and helping youth and parents be more resilient.

S.T.A.R. services are available at no cost in every Texas county.

S.T.A.R. services are not for families with an open CPS investigation or youth who have been adjudicated delinquent by a juvenile court.

*All services available
at no cost*

Parents

- ▲ Is your family fighting or in conflict?
- ▲ Do you feel like you're often in crisis?
- ▲ Can't talk to your youth anymore?
- ▲ Is your youth skipping school?
- ▲ Is your youth getting in trouble at school?
- ▲ Does your youth have behavioral problems or runs away from home?
- ▲ Could you benefit from learning skills to better handle parenting situations?

